

### December 2016 Affirmations

1. Be ever grateful for your community
2. Be ever grateful for routines with loved ones
3. You don't have to know right now, but don't hold too tightly onto not knowing
4. Things will fall together in time
5. Sharing light does not diminish your own
6. Light makes all the difference
7. Work diligently, work gently
8. Take hearty breaks
9. Back up your harddrives
10. Deprave and indulge
11. Take concrete steps necessary to trigger synchronous good
12. The soul that sees beauty often walks alone
13. We are alive because we move
14. Even in stillness, there is movement
15. Even in life, there is stillness
16. Gather energy for next year's bloom
17. Give and receive 60-second hugs