

#### APRIL 2019 AFFIRMATIONS

1. Into it
2. Full on
3. How we tried and didn't succeed
4. Let it be blurry
5. Easy breezy
6. Bless and sit down
7. Meet the next hour
8. The meat needs the bone nearby
9. There is room for more if you want it
10. Don't be shy to the one you love
11. Feelings are right even if they change
12. Stability supports fluidity
13. Circle your heart, please
14. Decisions are yours to make
15. Stay present for the processing
16. Plenty of time
17. Lots in store

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